AUGUST 2023



August, the border between summer and autumn!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:00 Hobby Lobby & Westside Grill 1:15 CLINIC: BP Checks - Rescheduled 3:00 Meditation	9:30 Walker's Club 10:00 WALMART 11:30 ZUMBA with Anna 12:30 Bible Study 2:00 Ice Cream at THE CUP 2:00 Pastor Movie 2:00 RA Shredding 2:00 Snacks/IceCream Sales 3:00 Meditation	10:00 BANKS/PHARMACIES 10:00 Chat Room 11:00 Yoga with Dana 12:30 Second Harvest 1:00 Mobile Market 2:00 Church (Spanish) 3:00 Meditation- Exercise Room	9:30 Walker's Club 10:00 Meditation 10:45 WERTS CAFE/ FARM MKT 11:00 Energetic Exercise	8:30 RA COFFEE & DONUTS 12:30 RA Pinochle
1:00 Sunday Believers' with Paul Belfort	9:30 Walker's Club 10:00 Card Making Class 11:00 Energetic Exercise 11:00 THE SHELBY 1:00 MOVIE 3:00 Meditation 6:00 RA Bingo	10:00 SPEAKER: Body Donation 10:00 WEIS 3:00 Meditation	9:30 Walker's Club 11:00 Crystal Springs Farm 11:30 ZUMBA with Anna 12:30 Bible Study 2:00 Pastor Movie 2:00 RA Shredding 2:00 Snacks/IceCream Sales 3:00 Meditation	10:00 Chat Room 11:00 Yoga with Dana 1:00 Mobile Market 2:00 Church 3:00 DoughBoys 3:00 Meditation- Exercise Room	9:30 Walker's Club 10:00 Meditation 11:00 Energetic Exercise 12:30 CLINIC: OAA Podiatry 1:30 SPEAKER: Pain and Fall Prevention 101	4:00 RA PIZZA SOCIAL
1:00 Sunday Believers' with Paul Belfort	9:30 Walker's Club 11:00 Energetic Exercise 12:00 SPEAKER: Care Patrol - Trivia 1:00 GIANT 1:00 MOVIE - In Person 3:00 Meditation 6:00 RA Bingo	10:00 Banks/ Target 2:00 Snacks/IceCream Sales 3:00 Meditation	9:30 Walker's Club 10:00 Walker's Club Van Trip 11:30 ZUMBA with Anna 12:30 Bible Study 1:45 LM BINGO 2:00 Pastor Movie 2:00 RA Shredding 2:00 Snacks/IceCream Sales 3:00 Meditation	9:00 CLINIC: Eye 10:00 Chat Room 11:00 Yoga with Dana 1:00 Mobile Market 2:00 Church 3:00 Meditation- Exercise Room 3:00 Morgan's	9:30 Walker's Club 10:00 Meditation 11:00 Energetic Exercise	19

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:00 Sunday Believers' with Paul Belfort	9:30 Walker's Club 11:00 Energetic Exercise 1:00 MOVIE 3:00 Meditation 6:00 RA Bingo	10:00 Valley Farm Market 2:00 Church 3:00 Meditation	8:30 Silver Birches 9:30 Walker's Club 11:30 ZUMBA with Anna 12:30 Bible Study 2:00 Pastor Movie 2:00 RA Shredding 2:00 Snacks/IceCream Sales 3:00 Meditation	Mona's Birthday! 10:00 Chat Room 11:00 Yoga with Dana 1:00 Mobile Market 2:00 Church 3:00 Meditation- Exercise Room	9:30 Walker's Club 10:00 Meditation 11:00 ENTERTAINMENT: 40's to Today 11:00 Energetic Exercise 12:00 Black River Farms Vineyard & Winery	26
1:00 Sunday Believers' with Paul Belfort	9:30 Walker's Club 11:00 Energetic Exercise 1:00 MOVIE 1:00 WEGMANS 3:00 Meditation 6:00 RA Bingo	9:00 Hometown Bar & Grill 1:00 Flower Arrangement Class 3:00 Meditation	9:30 Walker's Club 10:00 Dollar Tree 11:30 ZUMBA with Anna 12:30 Bible Study 2:00 Pastor Movie 2:00 RA Shredding 2:00 Snacks/IceCream Sales 3:00 Meditation	CLINIC: Dermatology 10:00 Chat Room 11:00 Yoga with Dana 1:00 Mobile Market 2:00 Church 3:00 Meditation- Exercise Room		Staff Birthdays: Mona F 8/24

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